

God frequencies and their effect in people health

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Abstract

The current reference frequency for tuning musical instruments is 440 Hz. Some theorists and musicians claim that the 432 Hz tuning has better effects on the human body, but there are no scientific studies that support this hypothesis.

Introduction

Humans have understood for centuries that sound has a profound effect on the human body and mind. Ever since our discovery of music and shamanistic chanting, we have been pushing the boundaries of how the healing effects of sounds and frequencies can be measured.

Music affects more than just our psyches, it is known to affect internal functions like blood pressure, speed or slow down your heart rate, reduce anxiety and even help with digestion, amongst many other things.

What is the god frequencies ?

Everyone wants to build a life that will eventually lead to happiness. However, there are many ways that these plans can go awry. No one wants to go into a marriage that leads to divorce or lose their job, but so many people have been led to believe that these problems are outside of their control. Just because these problems have happened in the past does not mean that they will continue in the future, and it isn't a matter of money or finding inner peace. Instead, the creators behind God Frequency say that all anyone needs is 15 minutes each day to repeat a new habit that will allow them to manifest greatness.

God Frequency is based on the idea that anyone can perform a miracle in their own life, but they lack the resources needed to tune in to the right frequency. The brain becomes overwhelmed with the negative thoughts, which ultimately create the path for an individual without their conscious awareness. The techniques found in this program will help users realign their minds, bodies, and spirits to give them the ability to perform these miracles in their own lives as they are meant to.

The creator explains that the "God Frequency" is the theta frequency, and the mind needs to be in tune to activate these manifestation practices fully. For some people, reaching this frequency is simply a matter of becoming a master of certain meditation methods used by

Jesus and his disciples. The program will guide users into this high-level meditation that only takes about 15 minutes each day to achieve. The frequency is regulated in the brain with an audio file that is included with the purchase.

Allegedly, this program's creator was formerly a priest, and he's even spent time with Pope Francis. However, he says that the secrets found in God Frequency were called heretical, adding that a priest came to him after this meeting and said that the church was afraid of the information being leaked to the public. However, the concept is based on the idea that people can perform miracles in the same way that he did before his death, citing specific Bible references. He explained to his disciples how to repeat his miracles.

The god frequencies are (40 – 174 – 285 – 396 – 417 – 432 – 440 -528 -639 -852 -963)

How can the god frequencies have good effect in people health ?

While sound and frequencies are used to impact human health in several ways, there are specific frequencies that are regarded in alternative medicine to be particularly healing to the human body. Here is a list of those frequencies that are generally considered to have healing properties :

40Hz

Flickering lights and sounds at 40 hertz have been used in Alzheimer's therapy studies to stimulate an increased neural response and fight symptoms of dementia. Sound at 40 hertz has been linked to gamma brain waves and the stimulation of memory. For an example of 40 hertz therapy.

174Hz

174 hertz is one of the Solfeggio frequencies, a series of tones used in sacred music that is believed in alternative medicine to have different positive effects on human health. 174 hertz is associated with the reduction of both pain and stress. For an example of 174 hertz therapy.

285Hz

285 hertz is also one of the Solfeggio frequencies and is considered instrumental in the healing of cuts, burns, and other physical wounds. 285 hertz sound frequencies are supposed to activate the body into cellular regeneration, encouraging it to heal itself in the event of an injury. For an example of 285 hertz therapy.

396Hz

This sound frequency is associated with the removal of fear and other negative feelings. As one of the Solfeggio frequencies, the 396 hertz tone aids in the removal of the feeling of guilt, making it an effective addition to spiritual music. 396 hertz frequencies balance the root chakra while simultaneously transforming negative emotions such as grief into positive, joyful ones. For an example of 396Hz healing.

417Hz

Instead of a focus on physical ailments, healing sound therapy involving 417 hz (another of the Solfeggio frequencies) focuses on the removal of negative energy such as the energy surrounding a past trauma or negative energies in the ambient environment. 417 hertz therapy is designed to dissolve emotional blockages and activate the sacral chakra. For an example of 417 hertz therapy.

432Hz

432 hertz therapy is aimed at the heart chakra and listening to a 432 hertz frequency is supposed to lead to greater levels of mental and emotional clarity. A 432 hertz tuning is considered optimal for tuning opera singers and is associated with a higher level of spiritual development. For an example of 432 hertz therapy.

440Hz

Music that is tuned to the 440 hertz versus 432 hertz is considered “cerebral” music that aids in the listener’s cognitive development. Sound frequencies at 440 hertz are considered to activate the third eye chakra. For an example of 440 hertz sound frequency.

528Hz

Also known as the love frequency, 528 hertz is one of the most well-known and popular of the Solfeggio frequencies. This musical tone is also known as the “miracle note” and has been used in native populations as a sound associated with blessings since before written history. For an example of 528 hertz sound therapy .

639Hz

639 hertz is a sound frequency that affects the heart chakra. This sound frequency is associated with therapy intended to produce positive feelings and greater attunement to harmonious interpersonal relationships. As therapy, 639 hertz exposure encourages clearer communication practices and situational awareness. For an example of 639 hertz sound therapy.

852Hz

852 hertz sound therapy is a tone that is associated with redirecting the mind away from overthinking, intrusive thoughts, and negative thought patterns. These patterns of thought play a larger role in depression and anxiety. Exposure to this sound frequency can help alleviate the role of negative thoughts in these psychological ailments. For an example of 852 hertz sound therapy .

963Hz

963 hertz sound frequencies are associated with activation of the pineal gland and higher spiritual development. The 963 hertz frequency is known as both the “pure miracle tone” and the “frequency of the gods”. 963 is associated with the activation of the crown chakra and a connection to the source of all humanity. For a sample of 963 hertz sound therapy .

As you can see, there are many different sound frequencies that can be used in a healing application to both change cognitive thought processes associated with psychiatric illness as well as produce physical healing effects to counteract an illness or injury.

Conclusion

The frequency of 432 is the best frequency tone that effect in our health positive supposed to lead to greater levels of mental and emotional clarity. A 432 hertz tuning is considered optimal for tuning opera singers and is associated with a higher level of spiritual development. For an example of 432 hertz therapy.

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